



Citra Occupational Health

At Citra, we believe in the wellbeing of your employees—and your business. Our experienced medical professionals focus on providing high-quality care with emphasis on:

- Providing direct & open communication
- Referrals only when medically necessary
- Avoiding OSHA recordables & lost time
- Minimal restrictions & intuitive accommodations

Enclosed, you'll find all the documents you'll need for your CitraPro Occupational Health plan. Connect with us today to get started.

web: citracare.com/pro

call/text: 972.640.2438

email: citrapro@citracare.com

Your best occupational healthcare experience.

At Citra Urgent Care, you can feel good about feeling better. Expect the same level of compassionate healthcare when you sign up for our occupation health program. Proud to serve businesses across the DFW Metroplex, our dedicated team understands that trust is earned. We earn yours by transforming a challenging moment into a new chapter, one where you—and your business—are cared for every step of the way.

We are a team, always.

Ready for anything, our award-winning network of Citra Urgent Care clinics are driven by compassion and integrity. Meet the leaders that hold our company to a higher standard—every day.

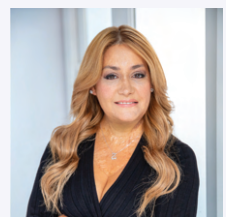
Nick was drawn to the medical field when at 12 his mother was diagnosed with kidney failure. The time he spent with her in the hospital led him to an appreciation for what the patient and their family experiences, and the importance of patient care. After graduating from the University of Michigan, Nick attended medical school at Wayne State University



NICK KARR, MD, ABEM
Chief Executive Officer

and did his residency in Emergency Medicine at St. Johns Hospital. Once completed, Nick moved to Dallas, Texas and worked in several DFW Emergency Departments. During this time, he observed flaws in the ER system; patients unnecessarily in the ER, the ER prioritizing financial objectives over patient care, difficulty in accessing healthcare, and poor customer service. These gaps in the healthcare system led Nick to open Citra Urgent Care. Under his leadership, Citra continues to grow and deliver award-winning patient care in and around DFW.

Ana was born in El Salvador, one of five children. When the time came to decide what she wanted to do for a living, the decision was easy- she always wanted to become a physician. After completing medical school, she started her residency in Family Medicine at the North Shore LIJ residency program in Bayshore, NY.



ANA FLANAGAN, MD, AAFP
Chief Medical Officer

During her residency, Ana met the love of her life and married in 2009. In 2011, she completed her residency and moved to Houston. She joined MD Medical Group and was hired as a Family Medicine Physician at Mi Doctor. By the end of 2014, she was named Chief Medical Officer of MD Medical Group. After 12 years, Ana found an incredible opportunity to be part of the Citra Urgent Care family as their Chief Medical Officer. Ana currently resides in Dallas with her husband, 2 daughters, Mia and Olivia, and their 5 dogs.

8

Locations throughout DFW

134

Caring Employees

4.8

Average Google Rating

200K+

Patients Served



Physicals

Basic Physical with Urinalysis Dip
DOT Physical/CDL
Fit for Duty Physical

Drug Screen Collections

Standard 5 Panel Drug Screen
Standard 10 Panel Drug Screen
DOT 5 Panel Drug Screen
Breath Alcohol Test (Confirmation Included If Needed)

Lab

Urinalysis
Send Out (CBC, CMP, Liver Panel, Hep Panel, etc...)
Hep A Titer
Hep B Titer
Rabies Titer
Varicella Titer
MMR Titer

Other

Tetanus Vaccine
Meningitis Vaccine
Flu Vaccine
COVID-19 Vaccine
TB Skin Test
COVID-19 RT-PCR Test
N95-FIT Test
3M6000-FIT Test
EKG



Company Information

_____ Legal Company Name		_____ Number of Employees	
_____ Address	_____ City	_____ State	_____ Zip
_____ Phone	_____ Fax		
_____ Primary Contact Name		_____ Primary Contact Email	

Authorization Contacts

_____ Contact 1 Name	_____ Phone	_____ Email
_____ Contact 2 Name	_____ Phone	_____ Email
_____ Contact 3 Name	_____ Phone	_____ Email

After-Hours Contacts

In case our clinic has questions after normal business hours

_____ Contact 1 Name	_____ Phone	_____ Email
_____ Contact 2 Name	_____ Phone	_____ Email

If an injured employee shows up without an authorization form, will a verbal confirmation suffice over the phone from an authorized contact?

Yes No

Accounts Payable Contact

_____ Name	_____ Title
_____ Phone	_____ Email

Worker's Compensation Insurance Details, if applicable

WC Insurance Company

FEIN #

Patient Information

Company

Request Date

Employee

Request Expires After

Reason(s) for Visit

If a drug screen is needed, the employee must have a valid photo ID. If not able to provide a photo ID, the Direct Employer Representative will need to be present with the employee.

Physicals

- Basic Physical with Urinalysis Dip
- DOT Physical/CDL
- Fit for Duty Physical

Drug Screens

Select the panel of the desired screen type

Non-DOT: 5-Panel

DOT: 5-Panel

Alcohol Test

- Breath Alcohol Test (BAT)

Injury

- Laceration
- Break/Sprain
- Burn
- Other: _____

Labs

- CBC
- CMP
- Hepatitis Panel
- Other: _____

COVID-19 Testing

- Same-Day COVID-19 RT-PCR Test

Vaccines

- COVID-19 Vaccination - Moderna
- Tetanus (Td or DT) Vaccination
- Influenza Vaccination
- Meningitis Vaccination
- Hepatitis B Vaccination (3 Series)
1 _____ 2 _____ 3 _____
- Other: _____

Titers

- Hepatitis A Titer
- Hepatitis B Titer
- Varicella Titer
- Other: _____

Other Services

- Urinalysis, Routine
- Electrocardiogram (EKG)
- TB/PPD (Tuberculosis)*
*Employee must return in 48-72 hours to have test read
- N95-FIT Test
- 3M6000-FIT Test
- Mental Health Screening
- Other: _____

Billing or Payment

- Select one only**
- Bill the company directly
 - Bill the company's worker's compensation insurance carrier

Locations

Please call 469.817.9714 so we can prioritize and direct your workers' care to the appropriate Citra clinic.

- Select one only**
- 2339 W Mockingbird Lane, Suite 100, Dallas, Texas 75235
 - 6176 Retail Road, Suite 400, Dallas, Texas 75231
 - 2501 W 7th Street, Suite 101, Fort Worth, Texas 76107
 - 18101 Preston Road, Suite 201, Dallas, Texas 75252
 - 3414 Milton Avenue, Dallas, Texas 75205
 - 211 E FM 544, Suite 401, Murphy, Texas 75094
 - 606 Grapevine Hwy, Suite B, Hurst, Texas 76054

Employer Authorization

The below must be completed before services can be rendered.

Please evaluate and treat above mentioned employee for current visit and any required follow up services needed. No services will be performed unless it is marked or unless your profile specifically states to do so.

Authorized By (Print Name)

Title

Phone

Email (If Applicable)

Signature

Date